

Arthritis Foundation Tai Chi Program

presents

Instructor Certification Workshop

The Pacific Region of the Arthritis Foundation is accepting applications for the upcoming Instructor Certification Workshop! Participants will be certified through the Arthritis Foundation to become instructors of a highly specialized Tai Chi program. The program—created by Dr. Paul Lam, a family doctor with arthritis—is highly effective in reducing the level of pain associated with arthritis with regular practice of the form. Come and be part of a program that is benefitting people with arthritis around the world by becoming a certified instructor!

PLACE

Saddleback Community College
28000 Marguerite Pkwy
Mission Viejo, CA 92692

DATE

October 14-16, 2011

TIME

9:00 AM-5:00 PM

FOR MORE INFO:

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